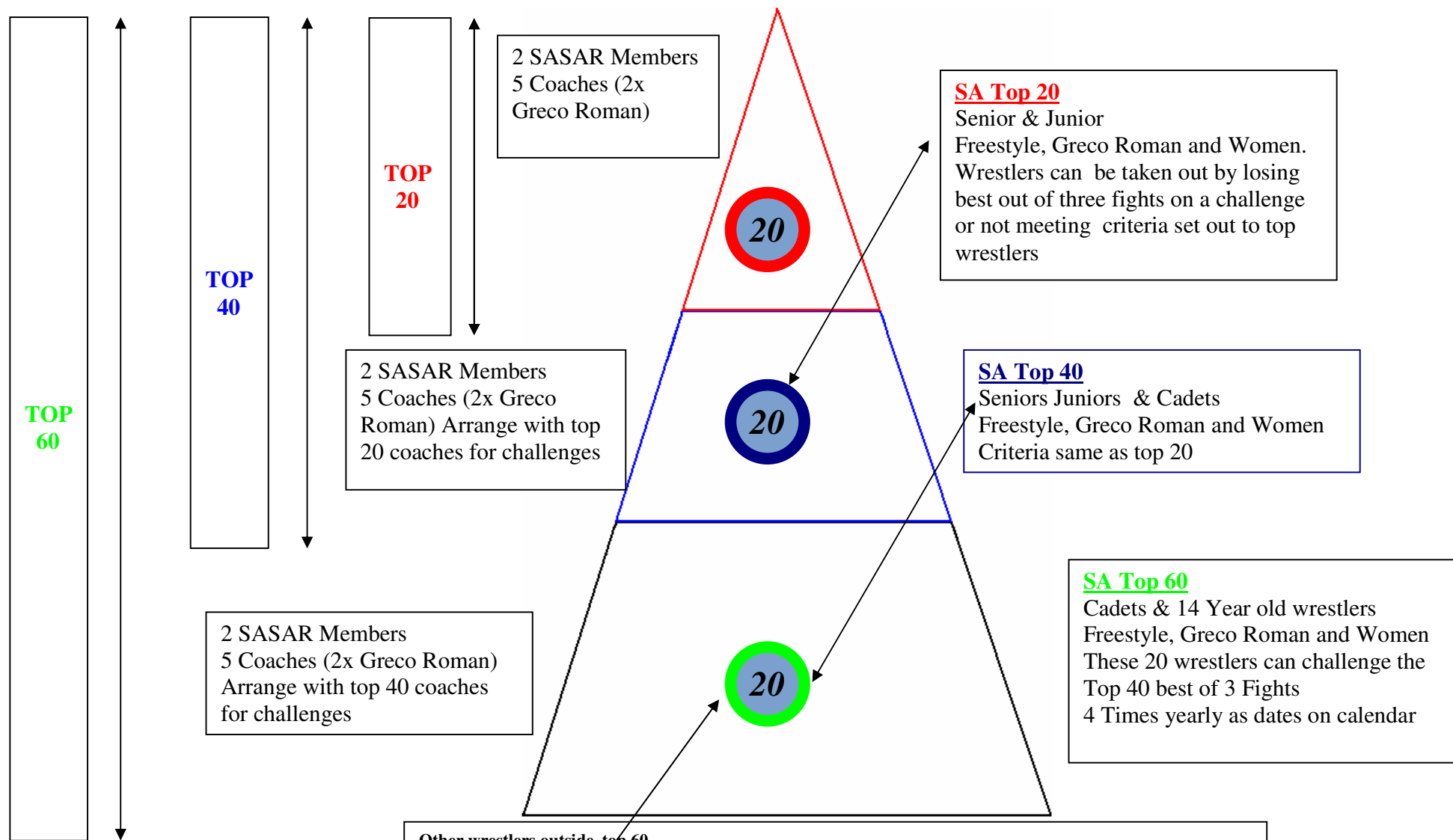


ARTICLE 22 COMPOSITIONS AND PREPARATION OF SA ELITE GROUP WRESTLERS

SAWF COACHES STRUCTURE 2008-2012



2 SASAR Members
5 Coaches (2x Greco Roman)

TOP 20

SA Top 20
Senior & Junior
Freestyle, Greco Roman and Women.
Wrestlers can be taken out by losing best out of three fights on a challenge or not meeting criteria set out to top wrestlers

2 SASAR Members
5 Coaches (2x Greco Roman) Arrange with top 20 coaches for challenges

TOP 40

SA Top 40
Seniors Juniors & Cadets
Freestyle, Greco Roman and Women
Criteria same as top 20

2 SASAR Members
5 Coaches (2x Greco Roman)
Arrange with top 40 coaches for challenges

SA Top 60
Cadets & 14 Year old wrestlers
Freestyle, Greco Roman and Women
These 20 wrestlers can challenge the Top 40 best of 3 Fights
4 Times yearly as dates on calendar

TOP 60

Other wrestlers outside top 60
Any cadet or 14 yr old wrestler can challenge the wrestlers in top 60 (cadets and 14 yr Junior and seniors can challenge wrestlers in top 40 (senior, juniors and Cadets) 4 times yearly as dates on calendar. Up 66kg = 2kg leeway over 66kg = 3kg leeway
Note: The top 20 can only be challenged by the top 40 group
Challenges take place by weight category and not by name
Provincial coaches arrange with top 60 coaches (cadets etc) and top 40 coaches (Jun etc)

CRITERIA:
SA Grading Feb yearly and Tournaments identified by SAWF Coaches Council, national training sessions and camps